

SAMPLE Q&A'S WITH THE AUTHOR

STEPHEN CHONG

Please note: you are welcome to publish these Q&A's where appropriate without seeking prior approval but please reference to Stephen Chong, Author, The Book of Testaments.

Q: Why should people read The Book of Testaments?

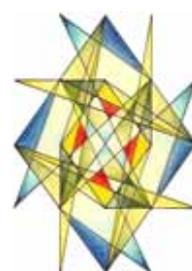
A: Many people do not realise the greatness of the gift of life that they have been given and the opportunities inherent in our many experiences. Nor do many know how to go about realizing their spiritual potential through many of their everyday tasks and habits.

The Book of Testaments encourages people to undertake simple exercises, to challenge the current way they think about things, and to enhance the concepts and beliefs of how they view themselves, as well as others. The book also provides practical steps about how to realise their sense of 'life purpose' and overcome challenges and obstacles that confront them in this realization.

Q: What is the significance of the book to the author, Stephen Chong and where does the inspiration come from?

A: The book itself is a gift, both to myself and for those people who read it. It is born out of the very deliberate realisation of my own 'sense of purpose' and deliberate goal-setting over the past two years. The book has gestated from some very difficult life experiences, yet the content of each Testament has come into existence and has been given to me from a Spirit far greater than can be best described.

The inspiration for The Book of Testaments was always there (within me), but I had to 'make space' in my daily life to allow the inspirations to come forth. I also had to know and understand that the manifestation of the book could only be obstructed if I didn't believe I was worthy enough to complete the tasks required for its realisation.



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Q: Why will The Book of Testaments work for people in improving upon or achieving their personal goals?

A: The key to allowing the Book of Testaments to improve upon or reach your personal goals is “willingness”. Willingness to try new ways of thinking. Willingness to overcome obstacles in pursuit of your goals and to persist in the face of adversity. It is also a willingness to ‘get out of your comfort zone’ and realise your true potential.

Q: What makes The Book of Testaments different from other self-help and professional development resources?

A: There are many other excellent books of self-help and personal development. It is said that, “when the student is ready, the master will come.” If you have the Book of Testaments in your hand, the master has come for you!

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Stephen Chong is available for book signing events, public speaking engagements, workshops, interviews and professional development/coaching activities.

